

Roadmap to Spiritual Awakening. . .

Lecture: The First Choice

### Questions:

- Q1. Why is an uncoiling serpent used to depict the opening of the Base Chakra?
- Q2. Is there a real serpent at the base of the spine that uncoils?
- Q3. What is the Sanskrit term for opening the Base Chakra?
- Q4. Is this course a translation of Hindu Sanskrit scriptures?
- Q5. What is the first prerequisite for becoming a spiritual person?
- Q6. What condition must be fulfilled to make the choice to be spiritual?
- Q7. What makes the choice free?
- Q8. Why is the choice not free when the intuition is involved?
- Q9. What are the characteristics of the intellect that ensure that the choice is free?
- Q10. What is the ultimate choice that has to be made to pursue the spiritual path?
- Q11. Do spirit beings in the heavens need to choose love and why?
- Q12. Can spirit beings in the heavens choose outside of love?
- Q13. Is the consciousness and awareness a prerequisite of entry onto the spiritual path?
- Q14. From the course, what can you think of to help your journey when you make your free intellectual choices to be loving?
- Q15. Can a person move ahead on the spiritual path without love?
- Q16. When does the doorway to the spiritual path open?
- Q17. How have the Buddhists helped their devotees to find their way onto the spiritual path?
- Q18. What are the tenets of the “Noble Eight Fold Path”?
- Q19. Once the door to the spiritual path has opened, what can be said about the intellect?

Q20. What takes the devotee beyond the doorway and into the spiritual journey?

**Answers:**

A1. The imagery of the uncoiling serpent at the base of the spine provides the aspiring devotee with symbolism that the mind can grasp.

A2. LOL, Not unless you have parasites. The closest that the reality of the movement of energy into the Base Chakra gets to a serpent is that divine light frequencies are entering or exiting the chakra in the form of a swirling vortex of light. Having worked with spirit guides for almost 3 decades, I know that many times they will offer (channelled) perceptions of what we want to know in a way that works to get us to act as we should, rather than act as we would, if we had the clarity of the truth. Kundalini imagery must be taken with a grain of salt.

A3. Kundalini opening.

A4. No. Sanskrit does not have a monopoly on how the spiritual path works. Using English, this course is a comprehensive in depth expose of a piece of a very vast and complex topic that is usually plagued with misconceptions. My courses are based on a much larger Body of Knowledge about divine light that comes directly to me from source. I am not translating Sanskrit. Rather I am translating the language of the light as it arrives from the higher realms. During the time of the writing of the ancient Sanskrit texts, incarnate individuals were a lot closer to the moment when the soul began its descent into density. Their awareness of the heavens and of their light bodies may have been fresh. During the current moment, we are a lot more experienced with our physical forms and the bringing of soul energies into our physicality than were the ancient Hindus. If a person had the ability to cross reference the ancient texts with the genuine source information of the current moment, the blend would offer a truly enlightening approach to spirituality. Given this wishful thinking, I have come to appreciate that no matter how much we aspire to be heavenly beings, we are in a physical reality. For us, Earth and physicality is where we are and where we start our return journey to higher self.

A5. The personal wilful choice to be spiritual. At the start of my spiritual journey, I said within to my higher-self: "I surrender, my will is thy will."

A6. The choice must be free.

A7. Free choice comes from the intellect.

A8. The intuition is subject to the outside influences of other intuitive persons, of spirit guides, of the higher self, and the heavens. It is not free of outside influences, and therefore, not free.

A9. The intellect is exclusive to the third dimension and exclusive to the individual. It is, therefore, free of outside influences from other persons, heavenly beings, and the vibrations of the universe.

A10. Love.

A11. No. The heavens are already a place of omnipresent love.

A12. No.

A13. Not even a little bit!

A14. Choosing love is not drama for the sake of obtaining spiritual credits. It is a selfless act without an agenda, and has to be authentic.

A15. No! LOL Quite literally, not a hope in hell!

A16. Once a person has made a sufficient number of choices to be loving, s/he establishes a pattern of love. The door opens when her/his love vibration has risen high enough because of the love acquired.

A17. Buddhist teaching include living by the tenets of the “Noble Eight Fold Path”.

A18. The tenets are the 8 rights:

- a. Right view
- b. Right resolve
- c. Right speech
- d. Right conduct
- e. Right livelihood
- f. Right effort
- g. Right mindfulness
- h. Right Samadhi or meditative union

A19. Upon stepping onto the spiritual path, the intellect has fulfilled its role and the limits of the intellect’s contribution have been reached.

A20. The love that has accumulated from the intellectual choices to be loving.

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